

Headache management in primary care. Looking back, looking forward.

Aims

To review the evolution of headache management in primary care and discuss directions for the future.

Method

A literature review.

Results

Although there have been improvements in the management of headache there remains considerable unmet need particularly in certain groups such as children.

Discussion

Primary care is the first point of contact for patients with headache in both Holland and the UK. Despite a number of initiatives such as specially trained nurses and general practitioners with an interest in headache, there is still considerable unmet need due to incorrect diagnosis and inappropriate management.

Conclusion

With the development of artificial intelligence supported by powerful algorithms the management of headache is likely to be driven by the patient which will have a number of implications for healthcare professions.